



# St Bernard's School Newsletter

31 October 2022

Term 4, Week 3

## Upcoming Events

### October

- 31- Senior Camp
- 31- Swimming

### November

- 01- Senior Camp
- 01- Swimming
- 01 - All Saints Day
- 02 - Senior Camp
- 07 - Swimming
- 08 - Central Zone Athletics
- 08 - Scientist Visit, Whole School
- 11 - Caritas Challenge Day
- 13 - Working Bee
- 14 - Swimming

## 2022 Term Dates

Term 4 Mon 17 Oct - Fri 16 Dec

## 2023 Term Dates

Term 1 Thur 2 Feb Jul - Thur 6 Apr

Term 2 Mon 24 Apr - Thur 29 Jun

Term 3 Mon 17 Jul - Fri 22 Sept

Term 4 Mon 09 Oct - Fri 17 Dec

Fri 30 June – Teacher Only Day

## Contact Us

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## Principals Message

Every time we take our children out from school or have visitors coming in to work with them, we get positive feedback about their behaviour, attitude and politeness. We are so proud of them, and I am sure you are too. Below is an email we received this week from Mount Cook School about our Year 8 students during their weekly technology lessons.

Hi there,

I would just like to say how much I have enjoyed having your yr8s over the last 2 months.

Beatrice completed a near perfect stool and all the others can be very proud of what they have achieved. They are polite, patient and willing to listen, they have also worked well with the St Benedict's class they are with.

Thanks

Simon Depree



## Camp

Room 4 headed off on camp today, to the Taranaki Outdoor Pursuits Centre. We sent them off with the prayer to St Christopher, the patron saint of travellers. I'm sure they are going to have a fabulous time.



## School Survey

At the start of 2020 I surveyed parents to find out three things What do we do well at St Bernard's What can we improve on? What else could we offer?

I would like to ask these questions again, and also find out how parents and children have found our arts programme over the past two years. Please take 5 minutes to answer the survey you will receive from me this week. I would really appreciate getting as many opinions as possible to ensure we are all working together on our vision - 'a pathway to the world'.

## Working Bee

On Sunday 13<sup>th</sup> November, we will be holding a working bee. Please put the date in your diary and block out an hour or two to come along and help.

We are going to be washing the outside of the buildings, water blasting the grounds, weeding, doing some of DIY maintenance and a bit of painting.

Children are welcome and we'll put some sausages on for lunch.

Lisa



## Special Character

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### Parish Newsletter

This week's Parish newsletter is available [here](#)

## School Administration

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**Happy Birthday** to Imara who turns 7 tomorrow, we hope you have wonderful, fun filled birthday.

### St Bernard's Floorball Team

The score of our first floorball game was 5 - 3 to St Bernards Wiggly Pigs, we played against SWIS Black.

The game was speedy and hot, with Swiss scoring first and Wiggly pigs racing to catch up. Our first game gave us a chance to work as a team and while it took us a wee bit to warm up, we were soon firing on all sticks!!

Toby led the way with the first of our goals and went on to score another. Kenzi also scored his first of the season, and when released from the goal, Logan placed 2 great shots into the net.

Our goalies were Logan in the first and Flynn in the second half, both had their work cut out for them as it has been quite a long time since we have had goalies, due to covid and not sharing the goal equipment.

Good Job Wiggly Pigs!! A week off while at camp then back into week 3 of the competition.

Flynn

## Class Programmes

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### Room 1

On Tuesday, we began our new pūtaiao (science) topic around 'States of Matter' and had a go at making our own ice cream. We used an outer bag with salt and ice and an inner bag with milk, vanilla and sugar. We then had to shake it vigorously.

This is how it works:

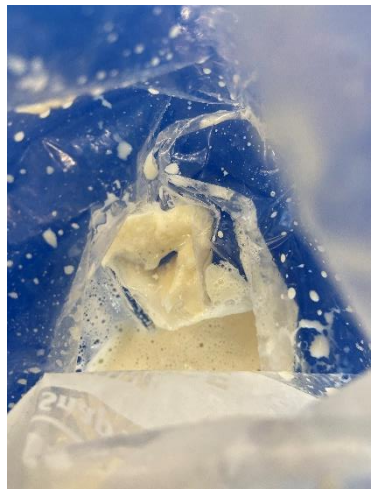
*By adding salt, you lower the freezing point of the ice. This means when salt is added to the ice in the outer bag, the ice (which is at 0°C) is above its freezing point, so it starts to melt. Melting needs energy which in this case comes from the milk mixture in the inner bag. Heat energy is absorbed from the milk making ice crystals form between the tiny fat molecules.*

*The more salt that is added to the ice, the lower the freezing point. For the ice to melt heat must be absorbed from the surroundings (in this case the milk mixture) causing it to freeze.*

*You might like to have a go at home!*

We started learning about liquids and solids and discussed the terms melting and freezing. We know that cooling can freeze and heating can melt. We are really excited to carry out more experiments and observations this term.





In Whakapono (Religion), we are still learning about saints. We have been discussing what it means to be a saint and looking at some saint stories. We discussed the qualities saints possess and after reading and watching some saint stories, we drew and wrote about our favourite saints.

## Room 2

Room 2 students have returned to school with renewed enthusiasm and are settling back into learning habits quickly. This week we commenced our term's science focus: Physics. We are exploring how sound is made. Using an online tool suggested by Stephen (our science expert), Cosima demonstrated changes in pitch to show us the difference between high and low sound waves. For homework our wonderful families provided translations of sound vocabulary we will be using this term.

When Inigo returned to school from his holiday, he shared with the class his latest coding achievement on Scratch. Not only did he demonstrate his great IT skills he also had everyone singing and some students were even dancing around the room to "Bananas". Very entertaining.

Our fortnightly transition lessons have recommenced this week. Our Year 2, 3 and 4 students enjoyed reading play scripts from the Junior Journals. They chose characters and practiced reading the characters' lines before reading in front of an audience. Over the coming weeks we will develop a better understanding of creating the scene, stage direction and line delivery as we learn to act out the scripts.

## Room 4

Last Tuesday, Room 4 conducted an experiment on human lung capacity. They inflated a balloon 3 times and used a piece of string to measure the circumference. The total of the measurements was then divided by 3 to get an average estimation of their lung capacity. Science Advisor Stephen Williams asked the children to list factors that affect the balloon measurements. The children followed this by estimating how long they could hold their breath. The children wrote their estimates, held their breath for three attempts, and recorded the times. The longest time was over 1 minute and 25 seconds!



**Home of Compassion, Heritage Week Open Day, 10am-2pm, Saturday 5 November--Stories of Plants and Gardens**

Stories of plants and gardens weave through the history of Suzanne Aubert Meri Hōhepa and the Sisters of Compassion. Join us for an Open Day celebrating this rich heritage, at the Home of Compassion, 2 Rhine St, Island Bay. Entertain the family with a treasure garden trail for children and craft activities. Explore displays featuring over 100 years of gardening stories of the Sisters of Compassion and discover the tranquil gardens and grounds with a self-guided trail. You are welcome to bring your own picnic to enjoy in the grounds.

**11am—12noon The Ecological and Human History of Manawa Karioi**

Talk and Q & A with Chris Livesey from Manawa Karioi on the history of the slopes behind the Home of Compassion, including stories of Suzanne Aubert Meri Hōhepa and the Sisters of Compassion.

**1pm—2pm Narrative Hīkoi**

Walk around the grounds of the Home of Compassion with Sr Sue Cosgrove, tracing the steps of a future landscaped Hīkoi with stations to reflect on the life and legacy of Suzanne Aubert Meri Hōhepa

**1pm-1:30pm The plants of Suzanne Aubert Meri Hōhepa**

Interactive session for children discovering some of the plants that Suzanne Aubert Meri Hōhepa knew about and used to help people.

Contact: [heritagecentre@compassion.org.nz](mailto:heritagecentre@compassion.org.nz)