



St Bernard's School Newsletter

14 November 2022

Term 4, Week 5

Upcoming Events

November

14 - Swimming

21 - Swimming

28 - Swimming

December

05 - Swimming

05 - Leavers Dinner (TBC)

07 - Leavers Mass 9am

08 - Nativity Play 6pm

12 - Swimming

16 -Term 4 Ends, 12.30pm

2023 Term Dates

Term 1 Thur 2 Feb Jul - Thur 6 Apr

Term 2 Mon 24 Apr - Thur 29 Jun

Term 3 Mon 17 Jul - Fri 22 Sept

Term 4 Mon 09 Oct - Tues 19 Dec

Fri 30 June – Teacher Only Day

Contact Us

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Principals Message

Curriculum

Thank you for your feedback on our curriculum. This week we will be starting to plan for next year and this will give us extra thoughts to consider.

Working Bee

Our working bee will now be held this coming Sunday from 9am until 1pm. Please come along with your old clothes and help give the school a spring clean.

Uniform

A reminder that school shoes and sandals should be black leather (or leather look). We have a number of children who have begun to wear canvas, fabric-based shoes or sport shoes. Please ensure you follow school uniform expectations. Our uniform is a way to show that we respect ourselves and the school.

Lisa

Special Character

Parish Newsletter

This week's Parish newsletter is available [here](#)

From the DRS

A heartfelt thank you all so much for your wonderful support of our Caritas Challenge Day. The students had a fabulous time at Central Park. Thank you to our parent helpers Kate Davidson, Nic Bernhard and Maria Clarke who accompanied us. The round trip was 3km with plenty of steep slopes to navigate. Definitely a good "Move it" challenge to start the day.

Our paper shoes challenge to "Live it" by experiencing what it's like not to have the luxury of proper footwear was successful. Plenty of creativity and perseverance in the designing and making of the shoes, as well as learning the hardship of poor quality materials and failed designs.

For our "Sweat it" challenge, all students made Christmas gift tags and mini cards to sell. We still have several of these for sale at a bargain price of 50 cents per packet





The "Stop it" challenge was to give up something you like by donating it to the White Elephant stall. Thanks again for the generous donations and for coming along to support us by spending up large at the stall. Tickets for the child's bike being raffled are still available. You can purchase tickets at the office. \$2 per ticket or 3 for \$5. The raffle will be drawn this coming Friday. Don't miss out!

Special date for your calendars: Wreath Blessing

Friday 25th November will be our annual Advent Wreath blessing liturgy at 9am in the school hall. Children are encouraged to bring along their family Advent wreath to be blessed. Whānau are welcome to attend.

Class Programmes

Room 1

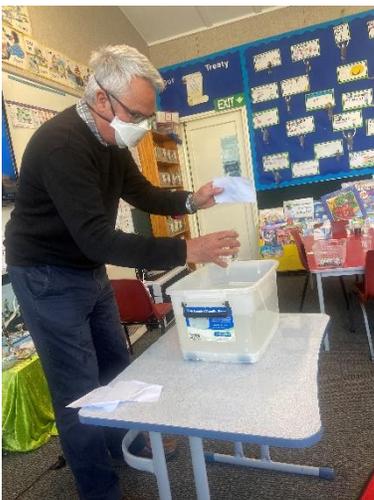
Wow - what a busy week in Room One.

In mathematics, we continued with measurement. We have been learning how to tell the time on an analog clock. We have been working on O'Clock times and some of us on half past times. We love using the mini clocks to help make and read different times!

In science, we had a great day of experimenting with gas. We were learning to come up with a hypothesis and make observations about what we saw. We learned that gas takes up space and a cup isn't actually empty! It is filled with gas. We submerged an empty cup with tissue inside it under water and the tissue did not get wet. This is because the gas compresses and creates a barrier between the water and the tissue.

We then placed raisins in a fizzy drink. We watched as the gas bubbles attached to the raisins and they floated. When the bubbles burst, the raisins sank again. The raisins looked like they were dancing. We learned that gas can make things more buoyant. We had so much fun with this experiment.

To end our week, we had a fantastic Caritas Day Challenge. Our move it, sweat it, live it, stop it day was a real success. We really challenged ourselves with the walk down to Central Park, as well as with our shoe designs. Check out the school facebook page for more photos of this great day. A big thank you to all our families for the donations and purchases at our White Elephant Stall.





Room 2

Recently, Riley shared his homemade string telephone during news. Last week in science the students carried out fair testing on string telephones to determine whether wool, string or nylon was a better conductor of sound. They also tested whether a shorter or longer length would change the outcome. Sam followed Nanogirl's instructions to recreate an underwater sound travel simulation. Unfortunately, the hydrophone didn't amplify the sound as loudly as we expected it would. We learnt that not all experiments work every time.

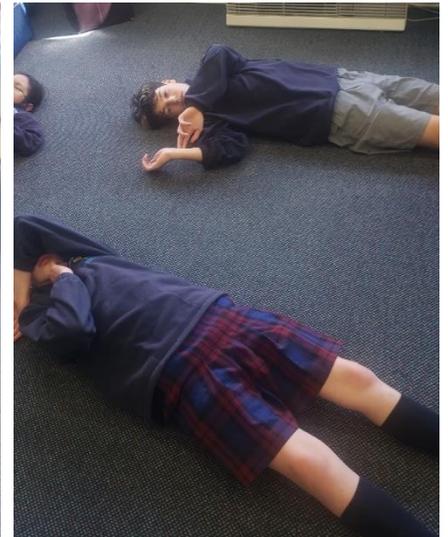
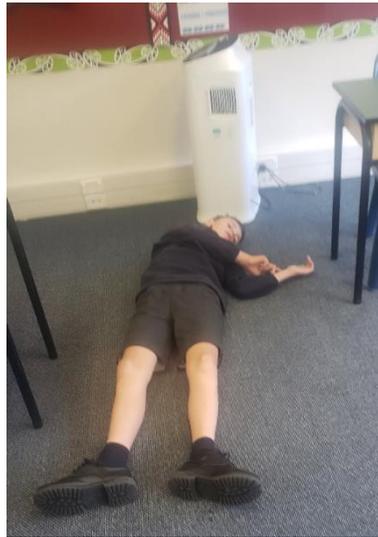


Have you ever thought about why we have two ears? Does each ear hear the same sound at the same time in the same way? Good scientists ask questions and investigate to find answers. This week Room 2 students took part in a class experiment to locate sounds when blindfolded. They discovered there are three common areas that were tricky to identify the direction of sound: 7 o'clock, 10 o'clock and 2 o'clock.



Room 4

For our last science session with Stephen this year, Room 4 investigated at pulse rates. They located their pulses on their wrists or necks and counted the number of heart beats during a 15 second period. Next they multiplied this by 4 to work out their heart beat rate per minute. Room 4 took their pulse lying down, standing up, and after a minute of vigorous exercise. The exercises were jumping jacks, sprinting up and down the court, or swinging both of their arms! Stephen then introduced the concept of a recovery rate. This required the children to take their pulses 5 times with a minute gap between to see how quickly their heart beat would return to normal. It has been fantastic to have Stephen working with Room 4 this year and the children have learnt so much from him.



Public Notices



Be in to win!

The opportunity to professionally record a Christmas song with Nathan King

The grand prize

The opportunity to professionally record a cover of a Christmas song with Nathan King (lead singer of Zed), return flights to Auckland for two (if you live outside of Auckland, so you can bring a grown-up), hotel accommodation for one night and a studio tour. The song will be broadcast on the Crazy Kiwi Christmas Kids Show in 2023.

To enter

Must be under 13 years old. Email a recording of yourself singing a Christmas carol to christmas@newstalkzb.co.nz - including your name, age and telephone number. Entries close 11.59pm, Monday, 12 December.

Listen to Newstalk ZB on Christmas morning at 6am to find out if you've won!



Junior Darts

Thursdays from 6pm - 7pm

Up until December 15th

Junior 9-13yrs - Youth age 14-17yrs

New players welcome - handicap format

Played @ The Hub (Kilbirnie Park)

\$2 entry each week - just turn up!

Food available to purchase

Run by club legend Charles Hautapu and Stephen Wood (021384424)
More details on Facebook: Wellington Darts Association